

Gymnastics cleaning:

Every Gymnastics facility has a cleaning system in place. Going forward we suggest these systems be documented and monitored. This will help ensure cleaning is done in an efficient systematic way and nothing requiring cleaning is missed. There are a lot of clubs already with very detailed procedures in place; Spieth America believes this is now going to be the norm moving forward.

We recommend cleaning schedules including the frequency, method and detailed cleaning procedure for each apparatus family. To make this easier we suggest clubs use:

- Cleaning Check Lists by apparatus or area
- Cleaning logs
- Detailed SOP for each family of equipment

We believe it is important that a space is set aside to store and prepare for cleaning and to store the cleaning supplies, products and equipment. Having a clean organized area will help show the importance of cleaning and disinfecting while making it easy to store things safely and helping to manage inventory. Please remember to have MSDS sheets close for any product requiring them. A binder next to the equipment helps accomplish this and containers must be clearly labeled with what the contents are. We would suggest chemicals be kept in a locked cabinet.

There are a lot of good cleaners on the market and not all are available in all areas. We are offering TRUCE cleaner and disinfectant. They offer two products, one is for removing chalk and the other is disinfectant. We suggest checking with the WHO and/or the CDC to find what products and specifications are suggested.

We have created standard cleaning documents for Spieth America equipment and cleaning checklists and logs to assist gymnastics facilities. Spieth America will have all the cleaning documents available on line. Please visit our web site www.spiethamerica.com or reach out to your Spieth America representative.

Ten good cleaning practices:

1. Use checklists to ensure all steps are followed.
2. Use cleaning logs as records to verify cleaning.
3. Wear all recommended safety equipment (PPE) and refer to MSDS (Material Safety Data Sheet) sheets and SOP's (Standard Operating Procedures) if you are unsure of anything. Check with your supervisor if you are still unsure of anything.
4. Clean towards the exit.
5. Clean areas that are high traffic or touched often more frequently.
6. Clean from the top down to the bottom and from cleanest to dirtiest.
7. Start in one corner and move around the item being cleaned, be systematic to ensure you clean everything.
8. Never shake cleaning clothes or mops, this could spread droplets of dust and dirt.
9. Mop and wipe in a circular motion or figure eight motion to capture the most dirt.
10. Change mop heads and cloths as often as needed, micro fiber cloths and mops work well to contain dirt.

Cleaning Rhythmic Floors:

It is important to note not all floors are made the same. Carpets from different suppliers may react differently to different cleaners. We suggest applying a small amount of cleaner to a spot on the carpet that is out of sight to ensure the cleaner will not damage the carpet.

How to clean a Spieth America Rhythmic floor:

- Tidy up the area to eliminate any hazards.
- Vacuum carpeted surface.
- Watch for and note any splits or excessive wear and report any issues.
- Steam clean Rhythmic carpet with Truce disinfectant or a similar product
- Allow area to dry before use.
- Fill in the cleaning log.